

Community Health Nursing

Introduction to Community Health Nursing

Unit- 1-A

Sohail Sajid

RN, DWA,DTA, Specialized in CHN, Post RN BScN

K.K College of Nursing

Objectives

- **Introduction to Community Health Nursing**
- **Compare community health nursing to public health nursing**
- **Historical development of Community health nursing**
- **Implication of Ethics in Community health nursing practice**

Objectives

- **Analyze the need for Community health nursing in Pakistan, similarities and differences between Community health, Nursing Care verses Hospital nursing care**
- **The roles and responsibilities of community Health Nurses**

Definition

- **Community is a social group of any size, whose members lives in a specific locality, share government and have common culture and historical heritage.**

(Basavanthappa 1998)

Definition

According to WHO.

- **Community is a social group determined by geographical boundaries, common values and interests. Its members know and interact with each other. It functions within a particular social structure, exhibit and creates certain norms, and social institutions.**

Functions of Community

- **To determine the use of space for living and other purposes.**
- **To make available the means for production and distribution of necessary goods and services.**
- **To protect and preserve the health, life, resources and properties of individuals.**
- **To educate new comers.**
- **To transmit informations, ideas and beliefs.**

Health

- **Definition**

According to English dictionary ‘ soundness of body and mind, the condition in which their functions are efficiently charged.

- **According to WHO: A state of complete physical, mental, social and spiritual wellbeing and not merely the absence of disease. (WHO 1947)**

Community Health

Community health is an art and science of taking care of health in all aspects of life, which include promotion and maintenance of health and prevention of disease Through:

Community Health

- **Maintaining good sanitation and water supply**
- **Controlling communicable and non communicable diseases**
- **Organizing proper medical and nursing services**
- **Improving the standard of living with the help of other sectors**

Community Health WHO

- **The health status of the members of the community**
- **The problems affecting their health**
- **The totality of health care provided for the community**

(Basavanthappa, 1998).

Goals of Community Health:

To identify the totality of health problems and needs of defined population and to consider mechanisms by which these needs should be met

(Basavanthappa, 1998).

Purpose of Community Health:

- **To determine the nature and extent of disease and disability in the community.**
- **To take suitable measures to.**
 - **Promote healthful living**
 - **Prevent disabilities**
 - **Correct remedial defects**
 - **Treat illness**

Purpose of Community Health:

- **Rehabilitate the handicaps.**
- **To evaluate the progress and success of current programs.**
- **To provide the necessary organization of medical care etc.**
- **To educate the public about appropriate technologies.**

Objectives of Community Health:

- **Increasing average span of human life**
- **Decreasing IMR and MMR**
- **Decreasing the morbidity and mortality rate**
- **Increasing the physical, mental and social wellbeing of individuals**
- **Provide total health care to improve quality of life**
(Basavanthappa, 1998).

Nursing

The American Nurses Association describes nursing as “Direct service, goals oriented and adoptable to the needs of the individual, the family and community during health and illness”. (Kozier & Erb, 1988).

Community Health Nursing:

According to American Nurses association:

“Synthesis of Nursing and public health practice applied to promoting and preserving the health of population...Health promotion, health maintenance, health education, and coordination to the management of health care of individual, family and community. (ANA, 1980).

Public Health Nursing

The American Public health association defines:

“Public health nursing synthesizes the body of knowledge from the public health science and professional nursing theories for the purpose of improving the health of the entire community. This goal lies at the heart of primary prevention and health promotion and is the foundation for public health nursing practice” (APHA, 1982).

History of CHN: cont

- **Began around 10,000 BC, people attempted to find ways to cure illness and stop death.**
- **Dawn of Islam**
 - **Fatima Zohra**
 - **Umaiya Ghafarah**
 - **Rufaida al Aslamiya**

History of CHN: cont...

- **Florence Nightingale**
- **She recognized concept of modern nursing**
 - **Presented interventions for the prevention of illness and improvement of health of the population**
 - **She demonstrated how population focused nursing works for prevention of illness and disease.**

History of CHN: cont...

- **Concept of home care**
- **In 1859 William Rathbone employed a nurse Mrs. Marry Robinson for his sick wife at home.**
- **He established a school of nursing for visiting nurses**
- **He organized district association for the visiting**
- **Late 19th century Lillian Wald introduced the concept of public health nursing.**

Community Health Nursing 1900-1960

cont...

- In 1902 New York City Board of education was the first to employ school health nurse.**
- In 1909 communicable disease was initiated.**
- In 1910 faculty at teachers college, Columbia University USA developed the first academic program to prepare community health nurse.**

Community Health Nursing 1900-1960 cont...

- **In 1912 maternal and child health was formulated as a nursing specialty. Public health nurse formed the National Organization for Public Health Nursing (NOPHN)**
- **In 1960 in the response to social problems in urban areas, many new types of community based workers were prepared for participation in community health program**

History of CHN: cont...

- **1970 all areas of nursing including parent and child, psychiatric, medical and surgical nursing began discovering the role of Community Health Nurse.**
- **The importance of involvement of family in patient care was emphasized.**
- **Public Health Nursing was merged in to Community health nursing.**

History of CHN: cont...

- **Attempts to distinguish Public Health Nursing led to further expanding of its scope with the time.**
- **Establishment of organized Public health Care services.**
- **Public Health Nursing remained a distinct identity**

Any Question

Thank You