

In The Name of God



(A PROJECT OF NEW LIFE COLLEGE OF NURSING KARACHI)

HEALTH ASSESSMENT

COURSE INTRODUCTION

Shahzad Bashir

RN, BScN, DCHN

Instructor

New Life College of Nursing

September 07, 2015

COURSE SYLLABUS

2/26/2016

Shahzad Bashir, ST/CON, Karachi.

Title:	Health Assessment
Credit:	4.0 credits (3 theory and 1 credit lab)
Placement:	Year- I Semester- I
Day:	Monday, Tuesday, Wednesday
Faculty:	Shahzad Bashir (Course Coordinator)
Email:	shahzad_shams125@yahoo.com , shahzadbashire@gmail.com
Cell phone:	0346-1594640
Student level:	Bachelor of Science in nursing

COURSE DESCRIPTION

- This course aims at developing the skills and knowledge needed to assess the basic health status of individuals of varying ages and conditions.
- These skills can be applied to identify health problems and designing nursing care in a wide variety of clinical settings.
- The course emphasizes history taking and physical examination skills applied to the nursing practice.

COURSE OBJECTIVES

By the completion of this course, students will be able to:

1. Collect the data of an individual by obtaining a complete health history
2. Utilize proper techniques of observation and physical examination in assessing various body systems.
3. Differentiate normal from abnormal findings.
4. Record findings in an appropriate manner.
5. Demonstrate an awareness of the need to incorporate health assessment as part of their general nursing practice skills.
6. Apply knowledge of growth & development, anatomy, physiology, & psychosocial skills in assessment & analysis of data collected.

TEACHING/LEARNING STRATEGIES:

- Interactive lectures, problem solving exercises, small group sessions and tutorials.

COURSE SCHEDULE

Unit	Topics	Facilitator
1	A. Introduction to health assessment concepts B. Interviewing skills and health history	Mr. Shahzad Bashir
2	Introduction to physical examination & general survey	Mr. Shahzad Bashir
3	Assessment of the Skin, Head & Neck QUIZ - I	Mr. Shahzad Bashir
4	Assessment of the nose, mouth & pharynx	Mr. Shahzad Bashir
5	Assessment of the abdomen, anus & rectum	Mr. Shahzad Bashir
6	Assessment of the Peripheral vascular & musculoskeletal system QUIZ - II	Mr. Shahzad Bashir
7	Assessment of the Thorax And Lungs	Mr. Shahzad Bashir
8	Assessment of the Cardiovascular System	Mr. Shahzad Bashir
9	Assessment of the Breast, Axilla & Genitalia QUIZ - III	Mr. Shahzad Bashir
10.	Assessment of the Eyes, & Ears	Mr. Shahzad Bashir
11.	Assessment of the Mental status and sensory neuro System	Mr. Shahzad Bashir
12.	Assessment of the Elderly Client	Mr. Shahzad Bashir
13.	Assessment of the Pediatric Client	Mr. Shahzad Bashir

ASSESSMENT CRITERIA:

○ Performance Exam/Internal Evaluation	30%	
○ Quizzes/ CATS (I, II, III)		
○ Presentations		
○ Class Attendance		
○ Class Participation		
○ Midterm and Viva Voice		30%
○ Final exam and Viva Voice	40%	
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	100%	

REFERENCES BOOKS

- Bickley, L. S., Szilagy, P. G., & Bates, B. (2007). *Bates' guide to physical examination and history taking (11th Edi)*. Philadelphia: Lippincott Williams & Wilkins.
- Weber, Kelley's. (2007). *Health Assessment in Nursing, 3rd Ed: North American Edition*. Lippincott Williams & Wilkins.
- Jarvis, Carolyn. (2011). *Physical Examination and Health Assessment - Text + Mosby's Nursing Video Skills: Physical Examination & Health Assessment Package*. W B Saunders Co.